

# **Little Rock Diagnostic Clinic**

**Dr. R. Steven Jones**

## **EGD**

**All patients must bring a driver to transport them after the procedure.**

**5 days before the procedure DO NOT TAKE Blood Thinning Meds: Warfarin(Coumadin), Pradaxa, Xarelto, Elikvis, Aggrenox, Plavix, Effient, Iron or Iron containing supplements, Vitamin E or Vitamin E containing supplements, or any medications that are considered blood thinners. Please call your cardiologist to get clearance before holding your blood thinners because some require only 2 days without the blood thinner .**

**Take nothing by mouth from midnight the night before the procedure. Medicine can be brought with you, to take after the procedure.**

**If you have a living will or advance directive please bring a copy of it with you the day of your procedure, it is required that a copy be placed in your chart at LRDC.**

**If you have a chronic medical condition that requires continuous medications, please ask your physician about stopping those medications.**

**For your safety, DO NOT drive for eight hours after the procedure. All patients will be sedated and if no one comes with you to drive you home the procedure cannot be performed and will be rescheduled. The person that comes with you is required to stay at LRDC during your procedure. No Public Transportation is allowed this includes taxies, medicaid transportation and public transportation.**

**Wear comfortable clothing, and leave all valuables at home.**

**You may call 501-221-5822 and the nurse will address any questions or concerns that you may have, if it is before 8:00 please call the Endoscopy front desk at 501-221-5845.**